

KARAN BABBAR

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[Web Page](#) | [Google Scholar](#) | [LinkedIn](#) | [Twitter](#) | [ResearchGate](#)

Research Interests: Menstrual Health and Hygiene, Domestic Violence and Women Empowerment, LGBTQIA Issues, Sanitation and Health, Gender, School Climate.

Academic Qualification

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| Jun 2017- Present | Ph.D (Innovation and Management in Education) Ravi J. Matthai Centre for Educational Innovation Indian Institute of Management, Ahmedabad Dissertation: Development and Validation of Menstrual Health and Hygiene (MHH) Scale for Adolescent Girls and their Teachers: Associating MHH beliefs of adolescent girls and teachers with School Engagement. Thesis Advisory Committee: Prof. Kathan Shukla, Prof Neharika Vohra, Prof Devasmita Chakraverty, Prof Muthusamy Sivakami. |
| Aug 2008- May 2012 | Bachelors in Technology Maharishi Dayanand University |

Work Experience

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| 2013-2016 | Software Engineering Analyst Accenture Services Private Limited |
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Funded Grant(s)

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| 2021 | Development and Validation of Menstrual Health and Hygiene Scale (~\$2700) Principal Investigator SPJIMR-DoCC Regunath Research Fellowship Status: Active |
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Peer-Reviewed Research Articles

*indicates corresponding author(s)

1. Singh, V*., & **Babbar, K.** (2022). Empowered but abused? A moderated mediation analysis to explore the relationship between Wife's Relative Resources, Relational Empowerment and Physical Abuse. *Social Science & Medicine*. ([Link](#)).
2. **Babbar, K.*** (2021). Taboos and Myths as a mediator of the Relationship between Menstrual Practices and Menstrual Health. *European Journal of Public Health*, 31(Supplement_3) ckab165-552. ([Link](#)).
3. **Babbar, K.***, Saluja, D., Sivakami, M. (2021). How socio-demographic and mass-media factors impact sanitary items usage among women in rural and urban India. *Waterlines*, 40(3),160-178. ([Link](#)).

Under Review Research Articles

*indicates corresponding author(s)

1. **Babbar, K.***, Rustagi, N., Dev, P. (Revise & Re-submit). How COVID-19 lockdown has impacted the sanitary pads distribution among adolescent girls and women in India. *Journal of Social Issues*.
2. **Babbar, K.***, & Dev, P. (Under Review). Period Products during the Pandemic: The Impact of Lockdowns on Period Products Usage. *Feminist Economics*.

Short Commentary in Journals

*indicates corresponding author(s)

1. **Babbar, K.***, Martin, J., Ruiz, J., Parray, A., & Sommer, M. (2021). Menstrual Health is a Public Health and Human Right issue. *Lancet Public Health*, 7(1), e10-11. ([Link](#)).
2. **Babbar, K.***, & Sivakami, M. (Revise & Re-submit). Menstrual Health and Hygiene- The link to achieve sexual and reproductive health for all? *Women's Reproductive Health*.

Research Articles Under Preparation

1. **Babbar, K.**, & Dev, P. Modelling the impact of Ovulatory Cycle Knowledge on fertility outcomes: new evidence from Instrumental Variable Approach. ([Link](#)).
Media Coverage: [Ahmedabad Mirror](#).
2. **Babbar, K.***, Sharma, S., & Gupta, V. Understanding the complex relationship between Homophobic Bullying and Depression. A moderated-mediation approach.
3. **Babbar, K.***, Varansi, P., & Martin, J. Bringing out the silenced voices of trans and non-binary individuals who menstruate.
4. **Babbar, K.**, & Sivakami, M. Menstrual Health during COVID-19 Lockdown: A Survey Study in India.
5. Bhalla, R., & **Babbar, K.** Social Support and Acceptance promotes Mental health and Well-being: Exploring the Coming out Experiences of LGBTQIA+ Community.
6. **Babbar, K.**, & Shukla, K. Instructional Practices as a mediator of the relationship between Authoritative School Climate and Student Engagement.

Peer- Reviewed Conference Presentations

1. **Babbar, K.**, & Sharma, S. (August, 2022). Understanding the complex relationship between Homophobic Bullying and Depression. A moderated-mediation approach. *82nd Annual Meeting of the Academy of Management*.
2. **Babbar, K.**, & Dev, P. (June, 2022). Period Products during the Pandemic: The Impact of Lockdowns on Period Products Usage. *International Association of Feminist Economics (IAFFE)*.

3. **Babbar, K.,** & Dev, P. (June, 2022). Modelling the impact of Ovulatory Cycle Knowledge on reproductive outcomes. *Society for the Psychological Study of Social Issues Conference (SPSSI)*.
4. **Babbar, K.** (June, 2022). Development and Validation of Menstrual Health and Hygiene Scale. *Society for the Psychological Study of Social Issues Conference (SPSSI)*.
5. **Babbar, K.,** Sharma, S., & Shukla, K. (April, 2022). Peer Aggression and Student Engagement: Mediating Role of Culture of Equity and Teasing and Bullying. *American Educational Research Association (AERA)*.
6. **Babbar, K.,** & Dev, P. (March, 2022). Period Products during the Pandemic: The Impact of Lockdowns on Period Products Usage. *3rd Annual Conference in Economics and Finance Department of Economics and Finance, BITS-Pilani, Hyderabad Campus in Collaboration with Economics Association.*
7. **Babbar, K.,** & Dev, P. (February, 2022). Period Products during the Pandemic: The Impact of Lockdowns on Period Products Usage. *3rd Annual Economics Conference, Ahmedabad University.*
8. **Babbar, K.,** & Dev, P. (January, 2022). Period Products during the Pandemic: The Impact of Lockdowns on Period Products Usage. *Indian Health Economics and Policy Association (IHEPA)*.
9. **Babbar, K.** (January, 2022). Menstrual Health during COVID-19 Lockdown: A Survey Study in India. *Indian Academy of Management (INDAM)*.
10. **Babbar, K.,** & Dev, P. (January, 2022). Modelling the impact of Ovulatory Cycle Knowledge on number of children and age of women at first birth: new evidence from Instrumental variable approach. *Indian Academy of Management (INDAM)*.
11. Kumar, N., **Babbar, K.,** & Shukla, K.D. (December, 2021). Measuring management student's experiences: Exploring Indian Management College Climate Scale. *Society for Research into Higher Education (SRHE)*.
12. **Babbar, K.,** & Sharma, S. (August, 2021). Understanding the complex relationship between Homophobic Bullying and Depression. A moderated-mediation approach. *XVI International Conference on Public Policy and Management.*
13. Bhalla, R., & **Babbar, K.** (August, 2021). Social Support and Acceptance promotes Mental health and Well-being: Exploring the Coming out Experiences of LGBTQIA+ Community. *XVI International Conference on Public Policy and Management.*
14. **Babbar, K.,** & Shukla, K.D. (August, 2021). Authoritative School Climate, Culture of Equity and Parental Involvement. *IVth Future of Education Conference.*
15. **Babbar, K.,** & Shukla, K. D. (April, 2021). Instructional Practices as a mediator of the

relationship between Authoritative School Climate and Student Engagement. *American Educational Research Association (AERA)*.

16. **Babbar, K.**, & Shukla, K. D. (April, 2021). Culture of Equity as a Mediator of the relationship between School Leadership and Bullying. *Comparative and International Education Society*.
17. **Babbar, K.** (April, 2021). Decomposition of Socio-Economic and Mass-Media factors to understand inequality in sanitary items usage in India: A cross-sectional study of girls aged 15-24. *Comparative and International Education Society*.
18. **Babbar, K.** (March, 2021). Menstrual Health during COVID-19 lockdown. *India Public Policy Network (IPPN) Annual Conference*.
19. **Babbar, K.**, Rustagi, N. (March, 2021). COVID-19, Lockdown, and Access to Menstrual Products in India. *6th Asia Pacific Public Policy Network (AP-PPN) Annual Conference*.
20. **Babbar, K.** (November, 2020). The Mediating Role of Gender-based Bullying in understanding the relationship between Homophobic Bullying and Depression. *Sixth Annual Seminar In the Social Sciences at Monk Prayogshala*.
21. **Babbar, K.**, Saluja, D. (August, 2020). How Socio-Demographics Impact Sanitary Items Usage and Ovulatory Cycle Knowledge Among Women Aged 15-24: Findings from NFHS-4 Survey. *XV International Conference on Public Policy and Management*.
22. Singh, V. & **Babbar, K.** (August, 2020). Women's relative resources, empowerment and physical abuse in Indian context: Moderating role of husband's patriarchal attitude. *XV International Conference on Public Policy and Management*.

Professional Services

Ad-hoc paper Reviewer in journals

Children and Youth Services Review
eClinicalMedicine, Part of THE LANCET Discovery Science
Journal of Social Issues
PloS Global Public Health
Social Science and Medicine (SSM)
Social Science and Medicine (SSM)-Population Health
The Lancet Regional Health – Southeast Asia
Vikalpa, Indian Institute of Management, Ahmedabad

Conference Proposal Reviewer

Academy of Management (2022)
American Educational Research Association (2021)

Invited Panellists

Addressing Period Poverty to elevate the next generation of women leaders; *Pandemic Periods & Girls-Health Ed.* (28th May, 2021).

Menstrual Health and COVID-19: Impact, Challenges and Way Forward, *BleedEqual*. (28th May, 2021).

Men as Period Allies; *HER Pakistan*. (30th May, 2021)

Invited Talks

Teaching: “Gender Inclusion & Diversity”- Jamia Millia Islamia University.

Research: Podcast (Published by Discourse Magazine): Ideas of India: Access to Reproductive Health. ([Link](#)).

Research: “Understanding and Analysing a policy” – Organized by Quest Alliance.

Teaching Assistant

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| MBA | 2020 | Experiments in Business and Policy Decision Making |
| | 2020 | Gender and Work |

Accomplishments

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| 2021 | American Educational Research Association Annual Meeting Registration Award; to present at the 2021 AERA Annual Meeting. (\$65) |
| 2021 | Comparative and International Education Society Annual Meeting Scholarship; to present at the 2021 CIES Annual Meeting. (\$32) |
| 2021 | International Association for Feminist Economics Scholarship (IAFFE), Conference Registration and Membership; to attend at IAFFE, 2021. |

Current Membership in Professional Societies

- Society for the Psychological Study of Social Issues (SPSSI)
- The Society for the Scientific Study of Sexuality
- International Association for Feminist Economics (IAFFE)

Opinion Pieces

1. Sharma, S., & **Babbar, K.** (2022). Same-sex marriage: Pressing the need to move from “not” to “knot”. *The Probe*. 27th April 2022. ([Link](#)).
2. **Babbar, K.**, & Dev, P. (2022). Empowering women with ovulatory cycle knowledge: The lever to lower the abortion rates and unintended pregnancies. *Times of India*. 28th March 2022. ([Link](#)).
3. **Babbar, K.**, & Sivakami, M. (2022). The Surrogacy Regulation Act 2021: Another attempt to reproduce a Heteronormative Patriarchal Society? *Feminism in India*. 2nd February 2022. ([Link](#)).
4. **Babbar, K.** (2021). What NFHS-5 Data Tells Us About Indian Women’s Use of Period Products. *The Wire*. 29th November 2021. ([Link](#)).
5. **Babbar, K.**, & Sekhri, S. (2021). Supporting Pride Month the Right Way: Strategies To Prevent ‘Rainbow Washing’. *The Live Wire*. 25th June 2021. ([Link](#)).
6. **Babbar, K.**, Saluja, D., & Parmar, S. (2021). Reflecting upon Menstrual Health during the past year in India. *International Health Policies*. 28th May 2021. ([Link](#)).

7. Kaushik, N., & **Babbar, K.** (2021). Re-imagining menstruation under the lens of new normal. *Gender & COVID-19*. 26th May 2021. ([Link](#)).
8. **Babbar, K.** (2021). COVID-19 Vaccines: What's Out There, What does 'Efficacy' Mean, and Why Should You Get Jabbed? *The Bastion*. 9th May 2021. ([Link](#)).
9. **Babbar, K.**, Sharma, S., & Chettri, D. (2021). Work from or Work for home? Covid-19 and the dual burden faced by women. *The Live Wire*. 11th March 2021. ([Link](#)).
10. Sharma, S., & **Babbar, K.** (2021). Same-Sex Marriages: A push for more equal, non-discriminatory marriage rights. *The Live Wire*. 02nd March 2021. ([Link](#)).
11. **Babbar, K.**, & Singh, A. (2021). Why poor female students are worst-hit by dip in the Education Budget. *The Quint*. 08th February 2021. ([Link](#)).
12. **Babbar, K.** (2021). India's Women, Mainly in Bihar, Undergoing Menstrual 'Revolution'. *The Quint*. 06th February 2021. ([Link](#)).
13. **Babbar, K.**, Saluja, D. (2021). Changing the narrative: RIOpads and Asmita Plus. *Feminism in India*. 05th February 2021. ([Link](#)).
14. Sharma, S., & **Babbar, K.** (2020). If NEP 2020 Wants Gender Inclusion, Why Is It Ghosting LGBTQIA+? *The Quint*. 16th August 2020. ([Link](#)).
15. **Babbar, K.** (2020). Absence Of Menstrual Hygiene Management in NEP 2020. *Feminism In India*. 10th August 2020. ([Link](#)).
16. **Babbar, K.** (2020). Working in the Field of Menstruation as a Man. *The LiveWire*. 14th July 2020. ([Link](#)).
17. **Babbar, K.**, & Sharma, S. (2020). Was the Transgender Persons Act 2019 another shot at promoting Transphobia in India? *Women's Web*. 9th June 2020. ([Link](#)).
18. **Babbar, K.**, & Singh, V. (2020). Uncertainty over school re-opening: Mental health of children needs attention. *Mumbai Mirror*. 8th June 2020. ([Link](#)).
19. Sharma, S., & **Babbar, K.** (2020). Online Teaching amid COVID-19 brings out digital divide in society. *The Quint*. 8th June 2020. ([Link](#)).
20. **Babbar, K.**, Saluja, D., & Khandelwal, A. (2020). Banning TikTok isn't the answer. It'll only give government more control. *The Quint*. 29th May 2020. ([Link](#)).
21. **Babbar, K.**, Saluja, D., & Parmar, S. (2020). Menstrual Hygiene Day: Why menstrual health

belongs on India's Political Agenda. *The Wire*. 28th May 2020. ([Link](#)).

22. **Babbar, K.**, & Khandelwal, A. (2020). Bursting the balloon: Making sense of COVID-19 figures. *The Bastion*. 27th May 2020. ([Link](#)).
23. **Babbar, K.** (2020). To my fellow male citizens, let's talk about menstruation. *Feminism in India*. 5th May 2020. ([Link](#)).
24. Saluja, D., Khandelwal, A., & **Babbar, K.** (2020). How can India fight COVID without proper sanitation for the poor. *The Quint*. 14 April 2020. ([Link](#)).
25. **Babbar, K.**, Saluja, D. (2020). COVID-19: Why are Sanitary Products not deemed as "essential"? *Feminism in India*. 9th April 2020. ([Link](#)).
26. **Babbar, K.** (2019). Gaps in the Draft NEP's suggestions for school accreditation need to be plugged. *The Wire*. 12 Sep 2019. ([Link](#))

Committee Member

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| 2022-Present | Research Fellow Pandemic Periods |
| 2021- 2022 | Indian Correspondent Pandemic Periods |
| 2020- Present | Member Women in Global Health-India chapter |
| 2020- Present | Member Menstruation Research Network-India |
| 2018 | Member, Selection Team Doctoral Summer School, 2018 Indian Institute of Management, Ahmedabad |
| 2017-18 | Member, Women's Leadership Society Indian Institute of Management, Ahmedabad |
| 2017-18 | Member, IIM Ally Indian Institute of Management, Ahmedabad |
| 2017-18 | Member, Prayaas Indian Institute of Management, Ahmedabad |
| 2017-18 | Member, SMILE Indian Institute of Management, Ahmedabad |

Awards

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| 2015 | IHG Bravo Award Intercontinental Hotels Group |
| 2015 | Star Performer Award Accenture Services Private Limited |
| 2014 | Galaxy Award Accenture Services Private Limited |

Certifications

- Completed the **Foundation Certificate in Business Analytics (BCS)** conducted by Prometric.
- Completed **AHLEI 103.7 Certification** in Hospitality Domain.

Other Interests

- Critically engaging with social issues on gender, LGBTQIA+, menstruation through media articles, movies, and documentaries. Creating awareness about them on social media.